

Notification of 2 Closure Days July 2017
Seaford District Community Children's Centre will be **CLOSED**
Friday 14th of July 2017

&

Monday 17th of July 2017

Families will **NOT BE CHARGED** for these days.

Families will need to make **alternative arrangements** for the care of their children on these days.

On behalf of Seaford District Community Children's Centre Management Committee I write to give families notice of 2 centre closure days for the purpose of staff professional development.

At Seaford District Community Children's Centre curriculum decision making is guided by the 6 guiding principles of the National Quality Framework

- The rights and best interests of the child are paramount.
- Children are successful, competent and capable learners.
- Equity, inclusion and diversity underpin the framework.
- Australia's Aboriginal and Torres Strait Islander cultures are valued.
- The role of parents and families is respected and supported
- Best practice is expected in the provision of education and care services.

Positive Psychology in an Educational Setting

This professional development is designed to introduce the theory of positive psychology and the elements of PERMA. The team will explore their own strengths and apply the principles to our service environment to enhance individual and collective wellbeing. The two day tailored training will cover six sessions in the following:

Introduction to Positive Psychology

- **P** -Positive Emotion
- **E** - Engagement
- **R** - Relationships
- **M** -Meaning
- **A** - Accomplishment

As a staff team we will be exploring embedding Positive Psychology theory of Happiness using the PERMA model in our education and care setting. Educators are well placed to have a positive influence on the development of positive mental health in infants and children. Educators building warm, responsive and trusting relationships with children supports the child's development of a sense of self worth, emotional regulation, empathy for others as they learn to navigate the rewards, and challenges of social settings. Positive relationships under pin the best possible development of brain structure and function. Positive social and emotional skill development is the prerequisite for a child's learning, cognitive and language development and preparation for lifelong learning. Seaford District Community Children's Centre recognises the importance of immersing children in a positive care and education environment that supports and promotes positive mental health in children, educators and families.

We intend to implement current and best positive psychology practices that will benefit the children of our community as they move through our services' early childhood, out of school hours and vacation care programs through school to adulthood.

Yours Sincerely

Jodie Berkinshaw

Director Long Day Care

Seaford District Community Children's Centre

28/04/2017